

First Annual Tyler Park Neighborhood Garden Tour Saturday, June 24th - 10 am to 3 pm

Join us for the First Annual Tyler Park tour of 12 gardens. The event is set for Saturday, June 24, with terrific, unique city gardens, water features and sculptures showcased. You'll see fabulous roses, vegetables, native plants, unusual evergreens, annuals, perennials, fountains, pools and even chickens! Also, an artist's pottery sale will be on the route. Plan to attend!

The tour begins at the Mid-City Mall, 1250 Bardstown Road, where gardening-related information and products will be available.

Bearno's Restaurant, 1318 Bardstown Rd., will have specials for attendees, starting at 3:30.

The rain date is Sunday, June 25.

**Advance Tickets are \$10,
and may be purchased until June 23**

Advance Tickets available at:

**Keith's Hardware,
1201 Bardstown Road**

**The Plant Kingdom,
4101 Westport Road in St. Matthews**

**ValuMarket,
Mid City Mall**

The day of the tour,
purchase tickets for \$12
at the Mid City Mall,
1250 Bardstown Road.

For further information, contact Terry Redden at 454-5795.

Mulch in landscape beds

By Donna Michael Jefferson
County Extension Agent for Horticulture.

The spring months are the time of year when homeowners begin to spruce up their gardens. One of the first chores done is to freshen up the landscape beds with new mulch. While this practice is often a yearly job, it should be looked at more closely. Not all mulches are the same and the decomposition rate of mulch is different. This is where problems can arise. While some landscapers may state that mulch breaks down and decomposes annually, this is not always the case and often roots and trunks are covered to depths of 8 to 10 inches!

(continued on next page)

Mulch in landscape beds (continued)

Numerous studies from various experts have addressed this epidemic problem with the landscape industry. Mulch depth is an important factor in plant health. Over-mulching stresses the plants and places the plants in situations that are detrimental and can even over time cause death. Plants must breathe and when oxygen depletion occurs it is a slow death that may take several years for decline to begin. Studies have documented that fine textured mulch/soil piled up onto stem/ trunk tissue decreases gas exchange within the inner bark where there is vascular tissue (water and nutrient tubes). The bark simply stops functioning under these conditions. Fungal organisms and other opportunistic insects take advantage of the plants causing further decline. Rodents find these mulch beds ideal and often chew and girdle plants. Aerobic conditions occur in high piles of mulch and produce toxic compounds that can injure roots.

The final problem and the most obvious is roots grow where the oxygen is available. When mulch exceeds the recommended rate of the 2 to 3 inch depth, the roots begin to form and grow in the deeper piles of mulch. This exposes the roots to drying out; excessive mulch become hydrophobic and water is not absorbed. The roots that are now further down in the soil than the original depth begin to die due to reduced oxygen availability and try to depend on the roots in the mulch for support. This is not a good or healthy scenario.

The bottom line is the mulch for the sake of the trees needs to be monitored by checking depths before applying more. If you have already made your applications this spring remove to the recommended depth.

Mulch is beneficial to plants in that it keeps soil moisture longer during dry periods and helps reduce weed competition. This too needs to be watched especially with irrigation systems. Adjust your watering according to how much wetness is under the mulch. Never assume that soil is too dry or too wet unless you check. For assistance in all your gardening problems you can contact the Jefferson County Extension Service at 569-2344.



Café Metro Celebrates 25 Years In Business

Café Metro invites everyone in the Tyler Park Neighborhood to come enjoy a summer menu of 25th Anniversary Specials now through August 2006.

"For 25 years our patrons have come to Café Metro to celebrate the special times in their lives from engagements, weddings and anniversaries, to graduations," comments Nancy Shepherd, proprietor. "Now we are inviting everyone to celebrate with us all summer long for our 25th Birthday!"

Anniversary Specials include a 25% discount on all bottles of wine. A signature cocktail named the Café Metro Cocktail has been created in honor of the celebration. A refreshing summer drink with a kick – the Café Metro Cocktail is made with the Café Metro signature German brandy Asbach Uralt mixed with peach nectar and champagne.

Nightly specials will feature a Classic Café Metro Entrée from the past 25 years paired with a New Direction Entrée. The special entrée offerings include the Adriatic Grilled Shrimp, the Orange Roughy with Smoked Salmon and Rosemary, the Salmon with Cucumber Dill Sauce, the Chicken Breast Stuffed with Smoked Goose and Cream Cheese Topped with Tarragon Brown Sauce, and the Quail with Ground Veal and Crème de Cassis. Don't forget to save room for dessert! Café Metro is known for their incredible desserts baked fresh daily like the Gateau Ganache, the Concorde, and the Chocolate Seduction.

Visit the 25th Anniversary pages of the Café Metro website www.cafemetrolouisville.com and share your Café Metro dining memories during the past 25 years, and to wish Nancy Shepherd a happy 25th birthday.

(continued on page 3)

More than a special occasion, Café Metro has been serving delicious continental cuisine for 25 years from its landmark location at 1700 Bardstown Road in the Highlands neighborhood. The exterior of the building features a beautiful mural by local artist David Schuster. Nancy Shepherd's two favorite personalities of Ernest Hemingway and Julia Child are prominently displayed in the art gallery scene. The artwork depicted in the mural represents the priceless collection of Belle Epoque posters found inside the restaurant.

Café Metro is a proud member of the Louisville Originals.

The Car-free Life in Tyler Park

by Greg Garner, TPNA Board Member

Residents of Tyler Park have a chance to experience something that very few Louisvillians will ever get to try: living without a car. This is one of the few neighborhoods that is so well served by TARC, so well suited to pedestrians, and so bike-friendly that it is quite possible to live without a car, or at least use it rarely.

It is strange paradox that a relatively compact city like Louisville is so addicted to cars, while sprawling metro areas like San Diego, Denver and even Dallas have far surpassed us in the number of residents that are car free.

To be sure, this area can be sometimes pedestrian unfriendly. The notorious Goddard/Baxter corner is not for the timid or weak of heart. And it's wise on Bardstown Road to stick to the lights if you are trying to cross the street. But the vast majority of Tyler Park is full of beautiful streets that are a joy to walk or bike down, and we have very good access to bus lines as well.

On Bardstown Road we have the number 17 and number 23 buses, both of which head downtown, and both of which run about every 15-30 minutes. If you hop on one of them the other way you will end up at Douglass Loop, the Kroger and eventually out at Hurstbourne.

On Eastern Parkway we have the 29 which runs between the Malls and U of L and Churchill Downs. On Grinstead, the 25 runs between Old Louisville and St. Matthews, and the 55 will, believe it or not, take you all the way out to the Summit. And finally, the 21 runs down to the Urban Government Center and out to Dupont. For more information on TARC go to <http://www.ridetarc.org> or call 585-1234.

No car means no car payment, and it is amazing how much money you will save when you are not buying gas and maintaining a car. Not to mention insurance. What could you do with an extra \$300-\$400 per month? Probably quite a bit.

But the biggest advantage is to your body and mind. Walking is really, really good for you, and a lot more interesting than an hour at the gym. And when you walk you see things you never notice when whizzing by in a car. You may find that perfect little shop, or find your dream home, or a great place to get coffee. And don't forget Tyler Park itself, the greatest place in our neighborhood to walk of all!



coffee and tea for your soul

Now BREWING IN THE HIGHLANDS

1295 Bardstown Rd.

2200 Bardstown Rd.

1449 Bardstown Rd.

IN CRESCENT HILL

2714 Frankfort Ave.

IN ST. MATTHEWS

119 Chenoweth Ln.

Spring Projects for Attracting More Songbirds to Properties Large and Small

Compiled from Stephen W. Kress's New Book: The Audubon Society Guide to Attracting Birds

CREATE A SONGBIRD BORDER along your property edge by planting trees and shrubs that meet the needs of birds throughout the year.

Select native plants adapted to the weather extremes of your local climate. The border can take the form of a hedge or windbreak, depending on your property size.

Plant several of each species adjacent to each other, selecting a mix of plants, with the tallest planted at the edges of the property, and shorter species tiered toward your home. Include at least one thorny species, such as Hawthorn or raspberry, for nesting. Also include evergreens, such as holly or juniper, for cover.

Plant berry-producing shrubs that will provide fruit throughout the seasons.

PLANT LONG-LIVED NATIVE TREES like oaks and maples, where space permits. Such trees can provide food, shelter and singing perches for birds for centuries to come. Planting a long-lived tree is a gift to future generations of birds and people.

CREATE A BRUSH PILE in a corner of your property. Each time a storm drops limbs, heap them up. During spring clean-up, save those downed branches and tree trunks from the community wood chipper. Layer the larger logs as a foundation, then build up the pile in successive layers. Songbirds will find shelter from extreme weather in such cover throughout the year.

RAKE LEAVES UNDER SHRUBS to create mulch and natural feeding areas for ground-feeding birds such as sparrows, towhees, and thrashers. Earthworms, pill bugs, insects, and spiders will thrive in the decomposing leaf mulch, and will in turn be readily eaten by many songbirds. In general, overly tidy gardeners are poor bird gardeners!

REMOVE INVASIVE PLANTS from your property. Learn which species are native, and which are not. Most invasive species hail from other continents. Because they have no natural predators here, they often form monocultures and crowd out native species. In contrast, native trees, shrubs, vines, and groundcovers typically provide a mix of foods that ripen just in time for migrating birds, and offer better nesting sites.

REDUCE YOUR LAWN BY AT LEAST 25% to favor meadow plants and taller grasses. Tall grasses provide seeds and nesting places for birds. Cut this meadow just once each year, and let the remainder of the lawn grow 3 to 4 inches tall before cutting. Take the healthy yard pledge to avoid lawn pesticides and wasteful sprinklers.

See www.audubonathome.org/pledge.

Currently, 50 percent of US households treat their lawns with chemicals that kill about 7 million birds each year. These chemicals also leach into our groundwater where they move to wells, streams, lakes and oceans.

Learn more about healthy habitats at: www.audubonathome.org.

TPNA Board Meetings

The Tyler Park Neighborhood Association meets the fourth Thursday of each month (except Nov. & Dec.) from 7:00 to 9:00 at the Highlands/Shelby Park branch of the Louisville Free Public Library inside Mid City Mall. All neighborhood residents and business neighbors are welcome to attend.

Advertise with Us

Neighborhood residents LOVE to support local businesses.

Send an email to info@tylerpark.org to request our advertising rate sheet.

Tyler Park Fall Festival is getting geared up!

The Tyler Park Neighborhood Association is planning a picnic party in Tyler Park this fall. Mark your calendar for Sunday, October 1st from 3 pm until dusk. We've got a great afternoon planned for everyone.

Our neighborhood ValuMarket will be providing picnic food for a very reasonable price, and there will be soft drinks and desserts for sale as well. We are planning a beer and pizza garden with live music.

A lot of activities are on tap for the kids, sponsored by the Cultural Care AuPair group. Get your neighbors together for street competitions in croquet, badminton, volleyball, bocce, horseshoes and other park games. Decorate your bicycle and lead the bike parade around the walking loop!

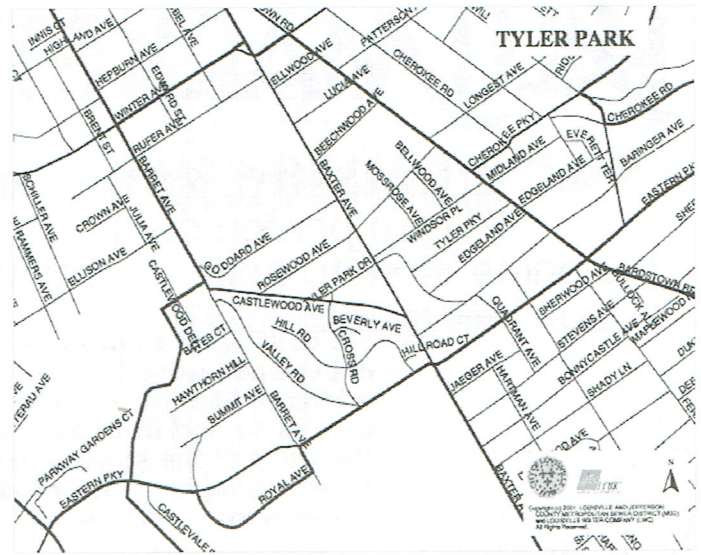
Tyler Park merchants are working with us to have locally produced crafts and jewelry for show and sale, all organized and sponsored by local shop Fung Shway.

We want long-time residents who have Tyler Park neighborhood history, photos and stories to share to help us establish more history for us. The always popular raffle will be held, and board members will be happy to tell of other upcoming events and plans for park beautification.

There are a lot of talented musicians in the neighborhood that we'd love to hear from - please contact us if you would like to perform for the neighbors.

Contact festival chair Tomese Buthod (Bue-tow is the pronunciation) at 454-5152, or email info@tylerpark.org with your ideas for activities and any volunteer help you can provide. Help is needed with the raffle, music coordination, food, kids activities, advertising, oral history and other areas.

See you at the picnic!



Bardstown Rd, Farmers' Market, Inc.

**Your neighborhood source for
locally grown, fresh, and
nutritious fruits and
vegetables, as well as a good
selection of flowers and plants.
Straight from the farm!**

**Saturdays 8:00 am to 1:00 pm
1722 Bardstown Rd.**

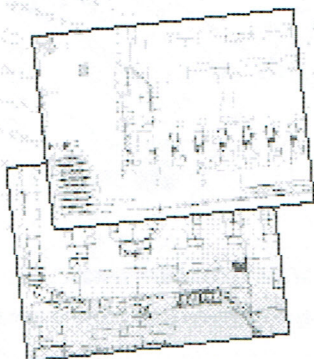


TPNA Contacts:

President:----- Steve Thomas -----456-4467
Vice President: Greg Garner -----290-7330
Treasurer:----- Manny Carralero-----451-5198
Secretary:----- Alan Linehan -----238-3131

VALU MARKET @ Mid City

We're making some major changes for you!
Please pardon our mess as we completely remodel
the entire store to better represent the needs of the neighborhood!



We're striving to provide you with the most enjoyable shopping experience possible. We'll be adding new frozen and dairy cases, adding a beer cave, expanding the fresh produce section and making access to and from the mall easier! And we're moving the checkouts to the front of the store where they belong. Feel free to stop in and ask any store manager about what changes to expect! We'll be open throughout the remodel process, so you can watch the changes as they happen!

While the store will undergo a major overhaul, our prices will not. You'll still enjoy the savings you've come to expect from ValuMarket.

FIVE Convenient Locations!

1290 N. Bardstown Road in the Mid City Mall - 459-2221
315 Whittington Parkway in the Hursbourne Plaza - 423-7110

7519 Outer Loop in the Outer Loop Plaza - 239-7375
9301 Mitchel Avenue in Ingois Manor - 361-9285
205 Oakbrooke Drive, Mt. Washington, KY - 955-9563

Shop Online @ www.ValuMarket.com



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a home as easy as a walk
in the park...*

TPNA Membership Committee

Some of the most frequent questions we get from neighbors are about membership in the association. The Tyler Park Neighborhood Association is making an effort to do much better for our neighbors, and we've created a Membership and Merchandise committee.

The first question is usually - What is the money for? Your membership fee (and money from various fund-raisers) goes into a general fund that the board uses for neighborhood improvements (neighborhood benches, the Easter egg hunt, production of the newsletter, etc.) The board is also looking into working with the Louisville Olmsted Parks Conservancy for a formal maintenance/improvement plan for Tyler Park, and funds will go to purchase prioritized improvements that are above and beyond city responsibility.

The next most common question is, am I member already or can I join now? Membership cycles are for one year, and you can sign up at any time. (There is always a form on the newsletter, or you can go to the website, or sign up with any board member.)

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(TPNA Membership Committee continued)

We now have an electronic database with all memberships listed and the date the dues were paid. If you have a question about the status of your membership, ask any board member, or send an email to the board at TPNA at info@tylerpark.org.

You can provide contact information on the membership form, and when we have activities (such as the Winter Wine and Cheese party), we can contact you to see if you would like to assist (it's only one contact, you won't be barraged with calls or emails.) Most volunteer possibilities are for a very short time (just a few hours) and are a great way to get to know your neighbors.

We may even get sophisticated enough to have a list-serv to send electronic notices of neighborhood news and events, but that is still in the works.

The next newsletter issue will have information about Tyler Park Merchandise. As our neighborhood is right at the 100-year old point, we are looking at getting plaques for houses that have hit that wondrous age!

Fun Fact:

Tyler Park was named after mayor Henry S. Tyler who died during his term in 1896



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& Operated**

**35 VARIETIES
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1420 BARDSTOWN ROAD

IT'S HER 25TH BIRTHDAY

AND WE'RE CELEBRATING ALL SUMMER LONG!



Come wish Nancy and
her staff a Happy Birthday

25th Anniversary Specials
June, July, August, 2006

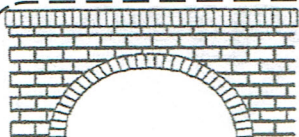
25% discount on all bottles of wine

Nightly Specials featuring
a Classic Cafe Metro Entrée
from the past 25 years paired
with a New Direction Entrée



Serving delicious continental cuisine
Monday-Saturday evenings
For reservations call (502) 458-4830

1700 Bardstown Road
www.cafemetrolouisville.com



JOIN YOUR NEIGHBORHOOD ASSOCIATION

Membership Type (Select One)

Name: _____

Address: _____

Apt #: _____ Zip: _____

Home Phone: _____

Business Phone: _____

Email: _____

Individual & Family\$7
Business\$15
Sponsor\$100

Make checks payable to TPNA, Inc.
Mail to: TPNA, PO Box 4452, Louisville, KY 40204

Help us with your thoughts

Major Neighborhood Concerns

Beautification _____ Traffic _____
Crime _____ Zoning _____
Drainage _____ Other _____
Future Development _____
Litter _____

I would like to serve on a committee concerning _____

I would like to work on the membership committee

I would like to be on the Board of Directors

You can also email

your thoughts to info@tylerpark.org



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Louisville, KY 40205

(502) 736-5742 *voice mail*
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(502) 459-3048 *fax*
(866) 718-2812 *toll free*

tredden@semonin.com
TerryRedden.semonin.com



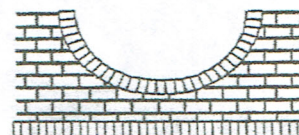
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