

The Neighborhood Bridge

August
2005

T y l e r P a r k N e i g h b o r h o o d A s s o c i a t i o n

Fall 2005 Newsletter

Tyler Park Fall Festival - Sunday, September 11th

12:00 Noon to 7:00 PM

Bring a picnic, or enjoy food available on site

TPNA Raffle Tickets On Sale, \$1 each or 6 for \$5, Drawings every 5 minutes

TPNA Tee Shirts and Membership Renewal Available

1:30 - 3:30 PM --> Concert featuring KALOR sponsored by TPNA

Kentucky's most popular Latin Music ensemble with 14 members and a repertoire ranging from Latin Jazz to Salsa

Music in the Metro Concert

Sponsored by Mayor Jerry Abramson

4:30 - 5:00 PM --> Radio Disney activities for Kids

5:00 - 7:00 PM --> Concert featuring JUGGERNAUT JUG BAND

Free Children's Activities!

Free Family Fun!

TPNA Fall Festival Raffel

The raffle committee of TPNA has been hard at work for several weeks amassing a pile of donations from area shops and businesses for this year's raffle. We have gone to dozens of shops and made personal contacts with the owners and/or managers, and most have responded very positively. **We'll have over 60 prizes this year, given by over 50 merchants. The total prize value is over \$2500, and might top \$3000!** Raffle tickets will be available at the Fall Festival, sold door-to-door on some streets, and we'll have volunteers selling tickets

at Vault Liquors and Smokes on Bardstown Road and in Buehler's in Mid City Mall. Special thanks to those two businesses for donating both prizes and ticket sale space! **Tickets will be \$1 each or 6 for \$5.** Proceeds will go towards Tyler Park neighborhood projects such as park cleanup and beautification. Please help to support this year's raffle by buying tickets and by supporting the many merchants who have generously donated prizes.

The Treasures of Tyler Park...Part 3...

Some of Tyler Park's treasures are hidden in plain sight. Jim Cain's Mid City Fitness is a Tyler Park gem located in the lower level of Mid City Mall. As the name implies Jim Cain is the owner. Jim is also the on site manager, fitness instructor and my friend. I am one of several long-term charter members who enjoy working out and chatting with Jim or Cliff, Jim's assistant in between sets. I have been going to this gym since 1986. I think that my good health is partly due to my thrice-weekly work outs at Jim Cain's.

The gym has known three proprietors since I started going and many of the original equipment are still in use. The name of the Gym has changed over the years, but the familiarity and friendliness of the place is eternal. Many of the members are Tyler Park residents, but the gym draws a diverse membership from all over the city and beyond. I could write pages about all the friends and acquaintances I have made over the years. Why don't you stop by, take a look around and perhaps take out a temporary membership. Who knows you may like it! Jim will accommodate just about anybody as long as you are serious about getting healthier. And getting healthier in a friendly and happy place is what Jim Cain's gym is all about.

By Manny Carralero, TPNA Treasurer

TPNA Board Meetings

The Tyler Park Neighborhood Association meets the fourth Thursday of each month (except Nov. & Dec.) from 7:00 to 9:00 at the Highlands/Shelby Park branch of the Louisville Free Public Library inside Mid City Mall. All neighborhood residents and business neighbors are welcome to attend.



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Tyler Park Greenspace Cleanup

On Saturday morning, June 25, a group of eleven Tyler Park neighborhood residents and association board members gathered at the "greenspace" bordered by Windsor Place, Baxter, and Tyler Park Drive to cut down and remove the invasive plants that had taken it over. Under the guidance of Metro Parks and Olmsted Conservancy folks, especially Tyler Park resident Lisa Hite, we cleared out the Japanese honeysuckle, privet, Tree of Heaven (badly misnamed) and other plants that had choked the park area, exposing natural limestone outcropping and allowing sunlight into the area to encourage native plants. Upon visiting the park the next morning, my wife and I were amazed and pleased to see that the twin mountains of cuttings had already vanished, trucked away by an unknown force of city government.

Future plans call for mulching the area and planting native species, plus consulting the original Olmsted plans for that section of the park to see about restoring it to its original design. Profits from our Tyler Park Festival, scheduled for Sept. 11, might be earmarked solely for restoration plantings. We have plans to clean up two more park areas, but we might wait for cooler weather to take those on!

Thanks to Steve Thomas, Rebecca Watson, Allan and Bridget Linehan (the homemade cookies and lemonade were lifesavers!), John and Julie and Valerie French, Jeremy Levine and Lisa Hite and their son, Eli (very helpful at identifying "good" and "bad" plants), and park neighbor Paul Noltemeyer, who happened on the scene early that morning and stayed through the project's completion. And thanks, Terry Redden, for the loan of those industrial strength loppers! This project has shown us all how much we can accomplish as a group. A little cooperation has gone a long way towards reclaiming an unusable part of Tyler Park and making our neighborhood a little more inviting.

By John French, TPNA Board Member

TPNA Contacts:

President: ----- Steve Thomas ----- 456-4467
Vice President: -- Bridget Young ----- 238-3131
Treasurer: ----- Manny Carralero ----- 451-5198
Secretary: ----- Alan Linehan ----- 238-3131

A Fall Message from Councilman Tom Owen

I want you and your neighborhood to have a good Fall. The Highlands means leaves and we need to work together to properly dispose of them. If we fail, our streets and yards will really look junky and we'll start blaming each other for the mess.

I personally love to see leaves composted on site and turned into a rich soil amendment and ground cover. For most of us though, raking them, bagging them, and letting Louisville Metro haul them away at the alley or curb is the best solution. Those leaves are taken to a giant composting facility where they are turned into daily ground cover for garbage at the Outer Loop Landfill or, better still, redistributed throughout the community as rich compost.

Bagged leaves are put out and picked up each week on the same day as your curbside recycling. METRO SOLID WASTE WILL PICK UP UNLIMITED BAGS OF LEAVES AND BOUND YARD WASTE EACH WEEK. Be sure not to place rocks or other litter in the leaf bags.

Please note that IT IS TOTALLY INAPPROPRIATE TO RAKE OR BLOW LEAVES INTO THE STREET. Metro government cleans your street three times each year (including the Fall) and yard leaves thrown into the street overwhelm the cleaning equipment. In order to get the best sweep possible, it is VERY important that cars be moved before 7:00 a.m. Metro Solid Waste posts a tentative schedule that guides my office as to when street cleaning will occur in your neighborhood. (The schedule has to be flexible, however, since weather and equipment failure can throw them behind.) My office at 574-1108 will be happy to tell you when to expect the cleaning so that you can start watching for the posted signs. We'll also notify your neighborhood association so that the word can then be passed through its e-mail tree. When you see the signs go up, please notify your neighbors who might somehow fail to notice to move their car. The message is simple: our streets look bad all winter when the sweeper has to go around parked cars. The misery is compounded when you or your neighbor get a \$25 ticket for failing to move your vehicle on cleaning day. Even worse, cars still parked at the curb on street cleaning day can be towed!

Metro government has a good service for ridding our yards and streets of unwanted Fall leaves. To make it work, I need your help! Have a successful Fall!

Tom Owen

Spotlight on Neighborhood Development: Castlewood Wall Repair

by Sarah Lynn Cunningham

Tyler Park residents have been very interested in the reconstruction of the stone wall at Castlewood and Baxter.

As is typical for projects involving public roads, private property and historical neighborhood fixtures, this one had expensive complications that required compromises.

Residents and passersby had long been voicing fears that the wall might collapse. No agreement could be reached as to who bore the responsibility to make repairs, however, so Metro Government decided that it had best step up to the plate.

Before work could begin, a geo-technical study was done to determine how much of the wall needed to be repaired, and how best to do so. Once work began, however, the stone turned out to be too brittle to be reused in the wall, requiring new stone to be bought. (Metro Parks will use the original stone.)

To ensure that the new wall will stand for a very long time, the earth behind it was dug back to create room for a properly drained, structural concrete wall; the stone facing is for looks. The now-thicker, finished wall also encroaches into the previous roadway—enough to force the loss of one of Castlewood's outbound lanes. The excess asphalt was hatched to give a narrower impression, which slows drivers a bit.

The \$198,932 for this phase of the wall's restoration had to come from limited emergency funds, so the whole wall couldn't be reconstructed at once. The \$275,000 for the remainder of the project will have to be appropriated in a future budget.

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Focus on Local Business, and an Autumn get-away idea:

I'm sure we've all noticed the bright and colorful addition to the Mid-City Mall – the Forget-Me-Knot Quilt Shoppe. The story of the shop goes back just a few years. Friends Darlene Roby and Sue Clark, (PRP High, class of '65) were preparing for their class reunion. They decided to try their hands at making a quilt and donating it as a raffle item. Neither had made a quilt before but they picked out a pattern and set to work. The quilt was raffled off as planned, and they asked the winner if they could enter it in the Kentucky State Fair.

To their surprise, they won a great big blue ribbon and a silver platter for Best of Show for 1st Quilt. The owner of the quilt sold it back to them, and you can see this lovely quilt (and the platter) in the Mid-City shop, along with several other gorgeous quilts on display. The shop shows antique quilts and very modern ones, and the owners love for the neighbors to come by and see them.

After their big splash at the Fair, the quilt bug (and fabric shopping) bit Sue and Darlene pretty hard, and the new passion turned into a quilt shop when they met Carol Heil. By comparison, Carol was a quilting veteran – she'd been doing it since the Clinton administration and she had a quilt shop in need of a partner. Forget-Me-Knot opened a few years ago in the space on Preston, and quickly outgrew it. The shop specializes in quilt fabrics and threads, patterns and quilt-making accoutrements. In addition to all that fantastic fabric, the space at Mid-City allows them to offer a full array of quilt classes and workshops. The instructors are locally and nationally known, and the styles cover the full gambit.

Forget-Me-Knot is joining this year in a statewide quilt shop-hop from October 8th through 15th. Twelve shops around the state will have extended shop hours that week. Buy a \$5 "passport" from any participating shop (beginning August 9th) and \$1 from each passport goes to the Crusade for Children charity. Then take your passport to every shop and get a stamp. Completed passports go into a drawing for great prizes, including a completed quilt or a new sewing machine. In addition to the prizes, there will be a quilt square kit available at each shop for \$5. The kits include the fabric, pattern and instructions for a 12" square. Each shop will have a different version of a completed quilt from the kits.

The shop-hop information can be picked up during Forget-Me-Knot regular store hours (10-6 M-W, 10-8 Th, 10-4 F-S). The shop hop info includes participating shop addresses, telephone numbers, and a map with all shops identified. I'm already planning my Kentucky quilt heritage and scenery trip around the state – I think I'll combine it with a quest for great grits and barbeque!

By Torrese Buthod, TPNA Board Member

Home Notes from Linda

Water intrusion can cause all sorts of problems around the home. A common problem is water seepage into the basement, cellar or crawl space due to improper grade around the home. Make sure that the grade is sloping away from the house so that the water will drain away. You should periodically take a walk around the exterior of your home and check for areas where the dirt is sloping towards your home. Add dirt if needed to correct the slope.

The gutters also play an important role in directing the flow of water off the roof and away from the foundation. Make sure the gutters are properly sloped and fastened securely to the house. Add splash blocks at the downspouts so the the water does not form a puddle around the foundation.

By Linda Clark, TPNA Board Member



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Daniel Hunter

Mayor's Conversation Night

On the evening of May 16, TPNA president Steve Thomas and I attended the Mayor's Conversation Night being held at Atherton High School. This function had always intrigued me, but I hadn't attended one until this past May. When I walked into Atherton's gym I was amazed to see it ringed with tables, each home to city employees representing the police, Brightside, MSD, metro parks, and any other agency I could think of. The evening began with the mayor's introduction of each table's personnel and their function, after which we in the crowd were free to consult with any of the representatives or with the mayor himself. I was pleased that there were no lengthy speeches - we were allowed to "cut to the chase" quickly. I went that evening with two specific needs: I wanted to get a good map of the Tyler Park neighborhood for use at our monthly meetings, and I wanted information about getting help with cleaning up a small but very overgrown section of Tyler Park.

And now I'll cut to the chase: we now have a beautiful 3' X 3' map of our area, complete with all its buildings, house numbers, and street names, courtesy of the good folks at MSD. And a group of eleven of us reclaimed an area of Tyler Park thanks primarily to local resident Lisa Hite, whom I contacted as a result of speaking with Brightside folks on May 16. We worked from 9 until after noon, producing two mountains of organic waste - all of which had been trucked away by the next morning!

I can't promise that your personal needs and goals will be met if you attend a Mayor's Conversation Night, but I'm fully satisfied with my results. You can contact www.loukymetro.org for a schedule of upcoming sessions, or dial 311 for the information. Good luck, and tell us at a Tyler Park Neighborhood Association meeting about your experience!

By John French, TPNA Board Member

Tyler Park Garden Tours Planned !

Tyler Park Neighborhood Association plans to hold garden tours of area Tyler Park homes beginning Spring of 2006. TPNA is asking area residents if they want to be involved or show their garden as part of the TPNA Garden Tour to contact TPNA board members Terry Redden at 454-5795 or Jeanette Westbrook at 451-8207. TPNA is in the stages of designing the garden tour to benefit TPNA and highlight our beautiful neighborhood. The garden committee welcomes your input and would like to visit as many gardens as possible this season in preparation for the 2006 tour.

Junk pickup dates for 2005 are weeks of:

- > September 5
- > December 5

Information on the Web!

www.loukymetro.org

Using the MAP It link on this web site you can enter your address and obtain information regarding your neighborhood, city and state elected officials, voting precinct, etc.

Contacting Metro Police

Tyler Park is located in the **5th** Police Division
2301 Douglass Blvd.
574-7636

For non emergency calls, contact the Dispatcher
574-7111

All emergency calls dial 911



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TPNA Raffel Prizes at \$2500 +

Actors Theatre of Louisville - \$40 value: two free passes
 Amazing Grace - 3 @ \$10 GC
 Bardstown Road Bicycle - \$60 value tuneup
 Bristol Bar and Grill - \$25 GC
 Buehler's - \$40 GC
 Café Beignet - \$15 value GC for 12 beignets and 3 coffees
 Café Metro - \$50 GC
 Carmichael's - \$20 GC
 Chase Bank - \$100 GC
 Cherrybomb - \$20 GC
 City Café - \$25 in GC
 Clay and Cotton - \$25 GC
 Cumberland Brews - \$ GC
 Day's Espresso - \$16 value gift and GC
 Discoveries - \$72 value pewter dragon
 Dundee Candy Shop - \$15 GC
 Ear Xtacy - \$120 value CD's
 Edenside Gallery - \$50 GC
 Fairleigh Pet Center - \$58 to \$76 value 6-pack Frontline Plus
 Farah Cleaners - 2 @ \$10 GC
 Fifth Third Bank - \$100 cash!!!
 Fish House - fish box special for 2
 Fleet Feet - \$50 GC
 Forget-Me-Knot Quilt Shop - \$10 GC
 Frances Lee Jasper - \$100 value coasters, broom
 Hal-Lai - \$25 value GC - ½ hour reflexology foot massage
 Infinite Bliss Yoga - \$55 value 5-class package
 Jack Fry's - \$20 value dinner for two
 Jazzercise - \$90 value 8 weeks' unlimited classes
 Jim Cain's Mid City Fitness - 5 @ one-month GC
 Jewel Box - \$35 GC
 Kaleidoscope - \$28 value cut and style GC
 Keith's Hardware - GC
 Kentucky Tailors 2 - \$20 GC
 Kopilot - \$20 GC
 Louisville Ballet - \$70 value ticket vouchers
 Lucy's Best Consignment - \$20 GC
 Nearly New Shop - \$20 GC
 Objects of Desire - \$35 GC
 Old Town Liquors - \$25 GC
 Panama Cleaners - \$20 GC
 Papa John's - \$10 value pizza coupon
 Perennial Favorites - 2 @ \$10 GC
 Pitaya - \$20 GC, plus sales tax paid
 Pretty and Polished - \$13 value service
 Semonin Realtors - \$370 value home warranty
 Sevice Restaurant - \$50 GC
 Schreck's - \$15 GC
 Shim's Cleaners - \$20 GC
 Stevens and Stevens - \$20 value lunch for two GC
 Straight From the Heart - \$27 value baby shoes
 Subway Sandwich Shop - \$30 value - 5 coupons for free sandwiches
 Swerve Gallery - \$25 value double squirt gun
 Tony Boom Bozz Pizzeria - \$30 value 2 medium gourmet pizzas GC
 Uptown Café - \$25 GC
 Valvoline Instant Oil Change - 2 @ full-service oil changes @ \$32 value
 Vault Liquors - \$50 GC
 Woody's Barber Shop - \$20 value GC
Additional prizes possible:
 Kizito's - \$50 value gift basket
 Cultural Care - \$50 gift basket
 Seafood Connection - \$20 GC
 J&B Magic - \$20 value passes
 Horton's Hardware - GC
 Butterfly Garden - \$25 GC

Lets keep our alleys safe and clean...

The alleys in our neighborhood need some TLC. A recent stroll in the alleys near my home made it clear to me that our alleys are in need of some tidying up. There are overgrown weeds and shrubs that need pruning. In a few spots the overgrowth is so extreme that cars are not able to pass without brushing through the lush flora. Many of us do a real nice job keeping our respective alley frontages neat, but the painful truth is that many of our residents do not lift a finger. I am asking everyone who reads this article to take a good hard look around the alleys near your home and ask yourself if you are proud of what you see. If you wish to volunteer to be on the TPNA alley clean-up crew please contact me or come to our next board meeting held the last Thursday of every month at 7:00 PM in the Mid City Mall library to sign up. My vision is to have a group of TPNA folks tackle one alley clean-up project per month until we have the best, neatest alleys in the city. Please bring suggestions and together we will decide the projects to work on.

Your Treasurer, Manny Carralero 451-5198

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Seviche - Restaurant Review

I've been asked by several readers how it is that I reviewed the Monkey Wrench which is not in Tyler Park. Good question! I decided early on to bend the rules a bit because we've had no new restaurants in Tyler Park lately. I made the compromise that if I can stand in Tyler Park and see the restaurant, its fair game. Lilly's, watch out.

We've been waiting for months for Anthony Lamas' Seviche to open. The space is the same, the decor still minimalist. The bar is the same as is the table layout. The kitchen is also the same, cramped. You wonder how they manage to get it all out on time. The chef must have the patience of Job.

For drinks, to start, we all ordered Mojitos. I must say they are the best I've had in Louisville. Not Cuban in style, not Miami in style, just different. The one neat touch was the sugar cane stirrer. Think of a Chinese chop stick, they are a joy to chew on with your drink. In Havanna they put them in a tall jar and soak them in an old dark rum.

For appetizers, my partner and I ordered a double order of Crawfish Seviche and made it dinner. The presentation was beautiful. Everything coming out of the kitchen was a work of art.

Others in our group had the Ahi Tuna and the Churrascos De Argentina. The latter is a skirt steak with chimichurri sauce. Excellent and imaginative in style. One dish stood out, however, was the Brazilian national dish Feijoada. It was very authentic and worth the trip alone.

Go hungry for the portions were large. The beer and wine offerings were more than adequate and very fairly priced. A great new neighbor!!! Go visit them.

By Barret Collins, a local kitchen designer and former chef and cooking school teacher.

Cafe Beignet and More

One Sunday on the way home from church, we noticed a sign in the parking lot of the Fish House at 1310 Winter Ave. reading Cafe Beignet. It wasn't long before we learned not to wear dark clothes on Sunday mornings lest those warm powdered sugar delights embarrassingly sprinkled all over the front of us.

Cafe Beignet located at the edge of the Tyler Park Neighborhood is the story of an established restaurateur dad (Dave Hilsenrad) and his enterprising young adult son (Adam Hilsenrad). Dave has been in the restaurant business since 1971, first in fast food (Burger Queen) and fine food (David's Seafood Bar and Grill) and since 1993 at The Fish House. Dave explains his menu as very good

food, made to order, not a heat lamp in the place!

Adam graduated from Atherton in 2000, had a short college stint, worked at Great Harvest as a manager and at Paul's Fruit Market prepping and cooking deli food. Then came the inevitable question, "What am I going to do with my life?". Adam grew up around the restaurant business, had experience as a baker and preparing food. The restaurant business made sense. Dave offered, I've got fryers and an oven and I'm closed on Sunday. Adam took the bait.

We brainstormed. Dad made me do everything. He taught me about employees, rent, food costs—everything. Basically Dad was my mentor. After tossing around ideas including my uncle Sam's fried chicken, lunch only, carry out only, Adam decided on a short breakfast menu. Beignets fruit cup, muffins, and chicory coffee was written on the chalkboard. When Dave saw Adam's final menu his response was mixed. I don't think there is anyway you can sell beignets and chicory coffee out of a fish house, but son, stranger things have happened!

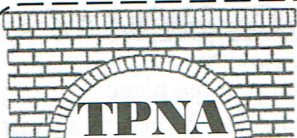
So in October 2002, Cafe Beignet opened Sundays only 8:00-1:00. I told Dad, I'm scared. The first couple of Sundays two four tops came in and left. Dave (who works the register) chased them to the parking lot. He asked them why they were leaving and they responded that they were on the Atkin's diet and there was nothing for them to eat here.

Adam knew he needed to expand the menu. Omelets and quiche appeared. I thought maybe bagels would be big in Louisville so I left my sister in charge and went to New York for the summer. I learned how to make a New York bagel. In the end Adam did not have the equipment at the Fish House to make bagels. He did return saying I need an education. Adam enrolled in Culinary Arts School at JCC. He hired fellow students and things really started to grow.

The menu now included beignets, fruit cup, potato pancakes, egg in the hole, sausage, omelets, and quiche. I want to be known as serving a substantial breakfast. We have daily specials like chirozo hash, fish omelets, and smoked salmon. We're experimenting with blueberry and chocolate chip beignets. We are just trying to mix it up. Dave proudly interjected Adam serves 120-150 eggs on a Sunday and 400 beignets!

Cafe Beignet is now open on Saturdays and Sundays 8-1. Visit the Fish House 11-9 Monday through Saturdays. Try Dave's famous clam chowder and the green river style fish. The Hilsenrads are doing their part to keep the Tyler Park neighborhood unique.

By Joan Dubay, TPNA Board Member



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