

# The Neighborhood Bridge

May  
2005

T y l e r   P a r k   N e i g h b o r h o o d   A s s o c i a -

## Spring 2005 Newsletter

### Three Generations on Tyler Parkway

I've heard it said that the apple doesn't fall far from the tree and so it is with my family and our lives on Tyler Parkway. The "tree" in this case was my parents, Madeline and Palmer Bradshaw, who in January of 1947 brought their first born son home to their new home at 1638 Tyler Parkway. World War II had just ended and my father and mother moved to Louisville to start a business and raise a family. My father always said that he loved this area because of the park. Soon my sister and I came along and we were three of the many kids that lived and played on the street and at the park. Every summer the city supplied "the park lady" who organized games and art projects and somehow kept us all from killing each other over a mean game of box hockey. (To this day I am amazed that I have any skin left on my knuckles). We held bicycle parades and rode our decorated bikes up and down the streets hoping to win first prize. One of our favorite "I dare you" games with my older brother was to dare each other to run across Tyler Parkway and touch the steps of "the haunted house" across the street from ours. We called it the "haunted house" because it was overgrown with ivy and my brother had convinced us that the people who lived in the house were some kind of ghouls.

Then it seemed like I blinked my eyes and I was going off to college, getting married and having two daughters of my own. In 1989 my father became ill and then died in 1990. At that same time, I was going through a divorce and my mother needed someone to be with her. It seemed like a natural fit for my daughters and me to move back to our duplex and live upstairs from my mother. I have often said that my father played a hand in all of that. If it hadn't been for that lovely old duplex, I am not sure my mother or I would have made it through those trying times. My girls loved the area because of the action on Bardstown Road. Every weekend, I had a house full of teens who dyed their hair pink—or purple—or both. It was "the place" to live with the younger set.

It seemed like I blinked my eyes again and my daughters were going off to college. I found and fell in love with my "soul mate" and as fate would have it (or my father's hand again), Bill and I bought that "haunted house" across the street and began our lives together "in the hood."

And just in case you are not convinced yet about that "apple" thing, my younger daughter, Danelle, still lives upstairs from my mother and takes care of her while she goes to college. I guess you could say that the roots of that apple tree run pretty deep on Tyler Parkway.

*By Kathey Schickli      1639 Tyler Parkway*

### Garden Tours Planned !

Tyler Park Neighborhood Association plans to hold garden tours of area Tyler Park homes beginning Spring of 2006. TPNA is asking area residents if they want to be involved or show their garden as part of the TPNA Garden Tour to contact TPNA board members Terry Redden at 454-5795 or Jeanette Westbrook at 451-8207. TPNA is in the stages of designing the garden tour to benefit TPNA and highlight our beautiful neighborhood. The garden committee welcomes your input and would like to visit as many gardens as possible this season in preparation for the 2006 tour.

### TPNA Contacts:

President: ----- Steve Thomas ----- 456-4467  
Vice President: -- Bridget Young ----- 238-3131  
Treasurer: ----- Manny Carralero ----- 451-5198  
Secretary: ----- Alan Linehan ----- 238-3131

### To Advertise or Contribute an Article:

Newsletter Editors: Drew & Lisa Duncan 459-1749  
e-mail: drew\_duncan@b-f.com  
Future publication deadlines are:  
August 10, 2005  
November 9, 2005  
February 6, 2006



## The Treasures of Tyler Park

Many of Tyler Park's treasures are well known and recognizable. Articles and stories have been written about them. Our magnificent park, the bridge, the wall, Bloom Elementary, Saint James and even our ancient and sometimes maligned mall. My stories will not be about them. I will write about the beautiful things that abound in our neighborhood that somehow go unrecognized...take for instance Bellwood Avenue. Is there a prettier little street than Bellwood? Belle means beautiful in French so whoever named the street had the right idea.

Bellwood for those of you who are not intimately familiar with all our streets runs perpendicular to Windsor and Rosewood one block from Bardstown road. Eleven unique houses, six on the odd and five on the even side line the wide expanse of this little street. From the little Key West conch house to the Romanesque style brick houses...it is hard to imagine more architectural variety in so little space.

*By Manny Carralero, TPNA Treasurer*

In particular, be sure to stop by 1325 Bellwood and see a great garden in the making. The small front lawn is already carpeted with a wide variety of plants and flowers of different sizes and colors. Walk down the alley that runs along the side yard and you'll see the larger back yard, which is undergoing a total transformation from grass to its present brick walkway, stone embellishments, and various trees and other plants. The many trellises and small statuary add interest, as does the new wrought iron gate and the restored iron fencing. This has been a work in progress for nearly two years already, and is a tribute to the owner's patience, foresight, and just plain hard work.

Such yards are something for which the whole neighborhood can be grateful. And don't forget: your Tyler Park neighborhood Association is planning a garden tour in the future. Stop by 1325 Bellwood for some true inspiration, and don't forget to let us know about your garden!

*By John French, TPNA Board Member*

## Jazzercise in Mid City Mall

Everyone is looking for a fun way to stay in (or get into) shape, and one way is right here in our neighborhood. In Mid-City Mall is the Jazzercise Fitness Center, run by Ms. Martha Brown. Jazzercise welcomes men and women of all ages and doesn't require any knowledge of dancing (or any rhythm, either)- just a desire to enjoy yourself while you work up a sweat. Jazzercise is an exercise regime that was started over 35 years ago, and incorporates stretching and muscle toning with cardio/aerobic activity. The music range covers everything from hip/hop, swing, country and western, oldies rock and roll, big band and more. Ms. Brown has had a Jazzercise business in the Highlands for 20 years, starting at St. Andrews Episcopal church and moving to Mid City four years ago. For more information, contact Martha at 636-2963. The class schedule is M-F 9am, M & W 5:30 and 6:45, T & Th 6pm, Sat 8 and 10am, and Sun 4pm.

*By Tomese Buthod, TPNA Board Member*

## Home Notes from Linda

Current building codes require that all chimney flues be lined for safety reasons. A flue is simply a passageway up the chimney. This has been required since 1994. Each appliance that is vented through the chimney should have its own flue. In older homes it is not unusual to find chimneys that are unlined or lined with clay tiles that may be cracked due to age and weathering. When a flue liner is in bad condition, it can allow fumes and heat to escape into the home, sometimes with dangerous consequences.

When a new appliance such as a water heater or furnace is installed, the professional installing it should determine if the flue is lined. If it is not lined it will have to be, to meet today's code requirements. This is not an optional upgrade; it must be done.

If you are not sure if your chimney is lined or the condition of the liner, have it checked by a chimney professional.

*By Linda Clark, TPNA Board Member*



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## Contacting Metro Police

Tyler Park is located in the 5th Police Division

2301 Douglass Blvd.

574-7636

For non emergency calls, contact the Dispatcher

574-7111

All emergency calls dial 911



## Backyard Birding - Charley's Story -

Ten year old Charley Nold attracts 21 species of birds to his backyard feeders on Tyler Pkwy using suet, sunflower seeds, thistle and safflower in his feeders. He looks out his back window and tallies his feathery friend's arrival. Charley's winter bird count summary (November-April) includes Sharp-shinned Hawk, Mourning Dove, Yellow-bellied Sapsucker, Red-bellied, Downy and Pileated Woodpeckers, Carolina Chickadee, Tufted titmouse, White-breasted Nuthatch, Carolina Wren, Ruby-crowned Kinglet, American robin, Northern Mockingbird, European Starling, Northern Cardinal, Eastern Towhee, Dark-eyed Junco, House Finch, American Goldfinch, White-Throated and House Sparrows!

How did a 10 year old get so bird smart? It all started in 2nd grade when Charley's science project was to see what kind of birds were attracted to what kind of feed. After his first amazing sighting of two cardinals, Charley was hooked!

Charley began to volunteer at the Louisville Nature Center Bird Band and befriended staff member Jack. Jack encouraged Charley to join Project FeederWatch. Project FeederWatch is a winter-long survey of birds that visit feeders throughout North America operated by the Cornell Lab of Ornithology. A \$15.00 annual participation fee supplied bird identification charts and tons of information on what feed attracts what bird. Charley tallies bird visits and every couple of weeks enters it on his personal bird count summary.

Charley's biggest obstacles? Cats! Keep them indoors. Hawk attacks!! No kidding. Charley witnessed this in his own backyard. SQUIRRELS!!! Now I was really listening. Charley's advice about squirrels: "Do not buy suet with peanuts. It will be gone in two hours. This is the squirrel's favorite." How do you keep squirrels out of your feeders? "Grandma got me an Eliminator Bird feeder for Christmas. It is weight sensitive."

During the summer Charley keeps the thistle going for the Goldfinches. He recently hung two Hummingbird feeders (thank you grandmas and grandpa) and hopes to have a sighting soon!

*By Joan Dubay, Tyler Park Board Member*

## Jefferson County Cooperative Extension Service

At a recent TPNA board meeting, Al Bissmeyer gave a presentation on Agricultural/Horticulture topics. Mr. Bissmeyer is the Extension Agent for our area. The Extension Service recently opened a new office on Barret Avenue convenient to Tyler Park residents. He discussed bugs, pesticides, trees, landscaping, soil testing for planting, and gardening tips. He described free publications offered by the Extension Service on everything from squirrels to geraniums. The Extension Service also offers Family and Consumer Sciences classes on nutrition, dieting, budgeting, and balancing work & family. They also coordinate homemaker groups, conduct workshops, and other community service programs. They have a program on Youth Development in conjunction with the Jefferson County school system 4-H, offer a program on public speaking, and have a Camp at Lake Cumberland.

If you are interested in testing the soil around your home, you need about a pint of dry soil sealed in a zip top plastic bag. The test costs \$5.25 and is a great service for a low price. The Extension Service also offers a Master Gardener Program.

The Jefferson County Cooperative Extension Service is located at 810 Barret Avenue. (502) 569-2344 or visit on the web <http://ces.ca.uky.edu/jefferson>

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## New Business Update: Kopilot

Last year my daily walk to work took me past an empty storefront at 1414 Bardstown Rd, in the same block as Day's Coffee and Edenside Gallery. Soon signs went up proclaiming that "Kopilot" was coming. I had no idea what Kopilot was, but watched with interest as the workmen transformed the space into a bright and cheerful retail and gallery space with an Asian pop culture look. And then one day I got off work early, and on my way home wandered into the store to buy a gift to cheer up someone who was having a bad day. I was instantly hooked, and Kopilot has become my favorite place to buy gifts...gifts for friends, gifts for family, and most importantly, gifts for me!

It is difficult to explain Kopilot in words. Articles have appeared about it in the Courier-Journal and the Cardinal (U of L's student newspaper), with the latter being particularly good. But really, you have to visit the store to understand what it is all about. It is a visual experience, and words do not do it justice.

Priscilla Summers, the charming young woman who runs Kopilot with her boyfriend Danny Cash, was kind enough to try and explain to me their vision for the store. Since Kopilot is both a retail endeavor and a gallery, I wanted to know if they considered it an art gallery that had a retail aspect, or a retail store that sometimes had art shows.

It turns out that the answer is: neither and both. Kopilot's goal is to showcase contemporary Asian and Asian-influenced artists who produce items that can work as art, as household objects, as clothing, as toys or as all of the above. All of the items in the store are Functional Art. They work on several levels, and only the buyer can decide the eventual purpose. Over the last few months I have purchased a t-shirt, a dancing bottle cap, two robots in a bus shelter, a small monkey, a burnt red-bean bun holding a cupcake and a cup of cocoa, an art print, and a plush tangerine hiding in his peel. Each is beautifully designed, beautifully made, and each and everyone made me happy when I looked at it. Some I kept, and some became well-received gifts. All are impossible to describe adequately, but after one visit to Kopilot, it will all make sense.

Priscilla and Danny are actively seeking out artists, both local and national, who produce a full range of integrated pieces. It's not enough to have a print or a t-shirt, artists need to have a range of items in a range of prices. This is store that wants everyone to find something

that they like and that they can afford. And Kopilot manages to do it. You can find tiny art objects for a few bucks or original art prints for quite a bit more.

Future plans for Kopilot include the SAN-X line from Japan, which will be available as figures and on everything from notepads and pencils to bags and clothing.

Kopilot chose their Tyler Park location to take advantage of the existing gallery strip while offering something unique to our neighborhood. As good neighbors, we should drop by and say hello!

Kopilot is located at 1414 Bardstown Road.

*By Greg Garner, TPNA Board Member*





## The Monkey Wrench - Restaurant Review

At first glance from the street the Monkey Wrench looks like a very upscale nightclub. And once you enter the front door you think you're in the wrong place - a dining room with cloth napkins and set with wine glasses. Straight ahead through an arch you see a bar that could rival any in Louisville for its sophistication. We were seated immediately (they take reservations) and given a beer/wine list and asked about cocktails. I had a margarita with Salza Gold which was excellent...no premixed mix. Just lime juice, triple sec and tequila. The beer list just blew me away. There were 45 bottled beers, 9 draft beers and one hard cider. My current favorite Smithwicks was on the list and I ordered one with dinner. No one ordered wine but they had 8 whites (4 were imported with the balance from California) and 8 reds (3 imported) and one champagne. Three white wines came by the glass as did three reds. Pricing was more than fair.

The corner of Barret and Winter has been a restaurant corner for over 50 years. First was Hasenours which moved there in the early fifties from its downtown location. Next, a succession of places occupied The Fish House location (Callahan's etc.) and next door to it Barret Liquors, an institution unto it self. The Monkey Wrench occupies the former space of the Pita Delights, Spalding Cleaners and before that a garage. Their name came literally from a monkey wrench they found in a wall during construction. All you old time quilters will recognize there trade mark.

Service was a bit slow but that was only because we came in 15 minutes after a party of 25 arrived before us. The dining room area is big enough to fit 2 tables of 25. The party was an extended family coming in from Churchill Downs, ages 3 to 80, and obvious winners. This leads to a second observation: they are very family friendly.

All new restaurants have that period in the beginning when they are still perfecting their dishes and this was evident. We had several different appetizers and all were good but could have been better. For a main course I tried their burger with skillet fries while my partner had the Greek salad. The burger and salad was excellent. A guest had the pasta Alfredo with chicken. It needed more parmesan. The last person had the calzone which had an excellent flavor. Other dishes offered cover the gamut from a Hot Brown to pizza to steak. Vegetarians will be happy here as there were a number of dishes for them.

I look for the Monkey Wrench to improve as they get more feedback from customers and to challenge the other neighborhood eateries. They are a welcome addition to the Highlands restaurant scene.

*By Barret Collins, a local kitchen designer and former chef and cooking school teacher.*

## Living & Selling in your neighborhood



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### Junk pickup dates for 2005 are weeks of:

- > June 6
- > September 5
- > December 5

### Information on the Web!

[www.loukymetro.org](http://www.loukymetro.org)

Using the MAP It link on this web site you can enter your address and obtain information regarding your neighborhood, city and state elected officials, voting precinct, etc.



## Confusion About Tooth Whitening Made Sparkling Clear

It seems as though every time we watch television or open a magazine we are bombarded with ads about whitening our teeth. But these ads seem to create more questions than they give answers. So in this article, I will attempt to answer the most commonly asked questions that have been asked by my patients. And you, dear reader, will have a little more information when you discuss this topic with your dentist.

Probably the two biggest questions I'm asked are: "Does whitening work?" and "Is it harmful to my teeth?" The answer basically is "It all depends." First of all, your teeth have to be suitable for bleaching. If you have broken teeth and cavities, get them fixed right away. Even if you don't want to whiten, bad teeth only get worse with neglect. But let's say you do want to whiten and you've gotten your teeth in tip-top shape. Now what color are your teeth? Do they have bluish-purple or grayish bands? If yes, buyer beware. Do not expect any whitening system to turn your smile into Hollywood dazzle. I don't care if it is called "power bleach". You may get a little lighter but not light enough to be called white. Don't be sad. You can have white teeth you just have to take a different road to get there and that's another article. Talk to your dentist, there is hope. Now let's say you look in the mirror and your teeth are yellow. They used to be white but years of coffee drinking or smoking (heaven forbid!) has taken its toll by dimming your once dazzling smile. Cheer up! Help is on the way with almost any whitening product you choose. The question for you is how many times do you want to use the product in order to get your desired result? Wait a minute. You want to know if this will damage your teeth. If you use the products as directed you will cause a minimal amount of damage to your tooth enamel which may cause some sensitivity. However, your own body chemistry will correct this assault on your tooth enamel and you'll be fine. There are rare instances where someone is so sensitive to the whitening product that he or she can't use it. This is possible but unusual. Once again, talk this over with your dentist.

Now let's say you've decided to take the plunge to find out first hand what the hype's all about. You have options. In a nutshell, the over-the-counter products work but they come in very low concentrations and take months of repetitive applications to achieve the results most people want. If you want to get ready for the

wedding that's just two weeks away you need to go the professional route. At Arts & Crafts Dental we offer three options and they all work well.

The first and fastest method is ZOOM. If you're a no-fuss- no-muss- on-the-go-don't-bother-me person this is your best option. Zoom is a chairside tooth whitening system that uses a full-mouth bleaching light combined with bleaching gel to lighten teeth 2-4 shades lighter in about one hour. You walk in the office with your yellow teeth you walk out of the office with whiter teeth. That's it you're done. You do get a take home kit for future use but most people don't feel the need to use it.

The next system is the tray method. We make custom trays to fit your top and bottom teeth that you take home along with a kit of bleaching gel. You simply place the gel in the trays and wear the trays on your teeth for about an hour a day for at least two weeks in the comfort of your own home. This works well, it just takes a little longer.

Our third option at Arts & Crafts Dental is Crest Whitestrips Supreme. This works very well for people who want to whiten at home but don't want a mouthful of plastic. I know you've seen these at the drug store however, the version we dispense is the most powerful Crest whitening product available and whitens 80% better than the retail version. In fact, it takes four boxes of the retail product to equal the whitening power of one box of the professional product. You need to use the strips for thirty minutes twice a day for 21 days. Clearly, not the fastest method but it works and it's still much faster than the retail products.

I hope this article has taken some of the mystery out of the whitening frenzy. I recommend you visit your dentist to find out how you can make your smile dazzle.

*By Bridget A. Young, DMD*

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## Spotlight on Neighborhood Development:

Have you been in the 1500 block of Rosewood Ave recently? The old Goddard Mansion is in the process of being converted from a pretty tired rental property to a high-end owner-occupied condominium, named "The Rosewood." Once the conversion is complete, there will be a total of eight units in the building, with off-street parking provided in the back, on the alley. All the mechanical functions (electrical, mechanical, plumbing, heating and air conditioning) of the building are being replaced right now with brand new equipment, significantly appreciating the value and livability of the marvelous local landmark. The architectural charm of the building is being maintained, with original doors and millwork being re-finished and re-installed. (I didn't ask if the ghosts were going to stay!) An elevator has been added in the back of the building. Two of the units have been sold, with the new owners scheduled to move in the first of July. The developer wants to thank the neighborhood for all the support they've been shown. Being a former Tyler Park resident himself, he's very excited about adding to the quality of our neighborhood. While the renovation work is going on, the job site is being kept as tidy as possible. For a tour or showing, or questions about the project, contact Kevin at 235-8899.

*By Tomese Buthod, TPNA Board Member*

## TPNA Board Meetings

The Tyler Park Neighborhood Association meets the fourth Thursday of each month (except Nov. & Dec.) from 7:00 to 9:00 at the Highlands/Shelby Park branch of the Louisville Free Public Library inside Mid City Mall. All neighborhood residents and business neighbors are welcome to attend.

## Tyler Park Easter Egg Hunt

The Annual Tyler Park Easter Egg Hunt was Saturday, March 26<sup>th</sup> on the eastern side of Tyler Park (tennis court side.) This year's special guest was THE EASTER BUNNY!!! Neighborhood children brought their Easter baskets to collect candy in plastic eggs hidden in the eastern part of the park. Prizes were awarded for finding "special" eggs. The event is always held the day before Easter. Next year's Easter Egg Hunt will be Saturday, April 15<sup>th</sup>, so be sure to mark your calendar now.



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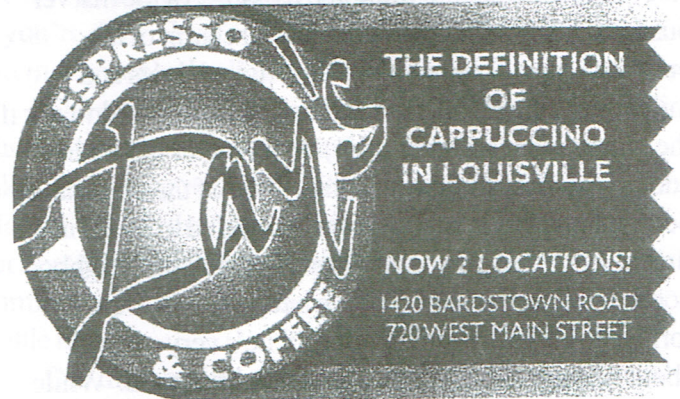
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Major Neighborhood Concerns

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| <input type="checkbox"/> Future Development                                    | _____                                |
| <input type="checkbox"/> Litter  | _____                                |
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